Getting My COVID-19 Vaccine

Paid for in part by Dutchess County
The Coronavirus, also called COVID-19, has made a lot of people sick.

With COVID-19, some people may feel a little sick but others may become very sick.
Now there is a Vaccine for COVID-19.

The vaccine teaches our bodies how to fight the COVID-19 germs that make us sick.

I am getting the vaccine to keep myself safe!
When I get to the place where I will get my vaccine, I will check in and wait my turn to get my vaccine.

Other people will be waiting too, we will all wear our masks and stay 6 feet apart to be safe!
The vaccine is a shot that I will get in my arm.

The shot will be very quick and will feel like a small pinch.

After the shot, I will wait for a few minutes before I leave.
A few hours after I get the vaccine, my arm may feel sore. That is normal.

That day or the next day I may also feel a little sick.

This is my body learning how to fight the coronavirus and it is normal.
A few weeks after my first shot, I will get one more shot to finish the vaccine. It takes my body time to learn how to fight the virus, so I will still have to be safe for a while.

To be safe, I will keep wearing my mask.
I will also keep social distancing.

I did a great job getting the vaccine to keep myself and everyone else safe!

Created by Anderson Center Consulting

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