Wearing Protective Equipment

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and

Keeping Everyone Healthy

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Right now the whole country is working together to keep people safe from the Coronavirus, also called COVID-19.

Minot Air Force Base

Doctors and the government are learning more every day about all the ways we can keep ourselves safe.
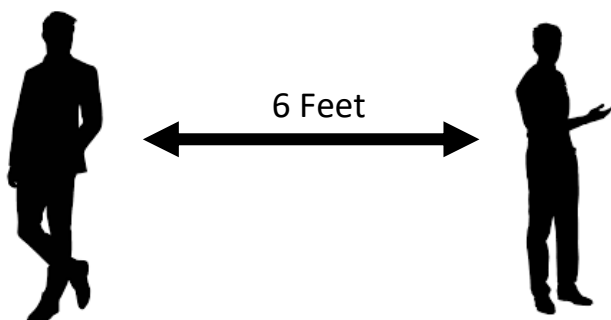

Pxhere.com

Doctors know that germs can go from one person to another through tiny droplets in the air or when we touch each other. They also know that people can spread germs, even if they don't feel sick.

En.Wikipedia.com

They have already told us we can social distance or stay at least 6 feet away from other people to stay safe.

6 Feet

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Sometimes, when we go to the store or to get food, we have to get close to people. Doctors have told us there is another way to stay safe.

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People who come closer than 6 feet for their jobs or those who want to be extra safe, can wear protective equipment like gloves and face masks.

Wearing masks, gloves and other protective equipment makes everyone a little safer.

Photo by Thomas Hamill

For workers at restaurants and stores, masks block germs from the customers they serve.

Pxhere.com

For customers, these extra safe steps keep germs off of the items they are buying.

Masks come in all styles and colors. Some people wear the same masks as doctors. Some people use scarves or bandanas to cover their mouth and nose.

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No matter what mask we see people wearing, it means they are trying to keep themselves and others safe.

Lots of people are starting to wear masks to keep themselves and everyone else safe.

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They are doing their part to slow the spread of Coronavirus just like me.

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Great Job!