Wearing My Face Mask

Pexels.com

Anderson Center Consulting
(845) 889-9616
AndersonConsulting@AndersonCares.org

Right now the whole country is working together to keep people safe from the Coronavirus, also called COVID-19.

Minot Air Force Base

Doctors and the government are learning more every day about all the ways we can keep ourselves safe.
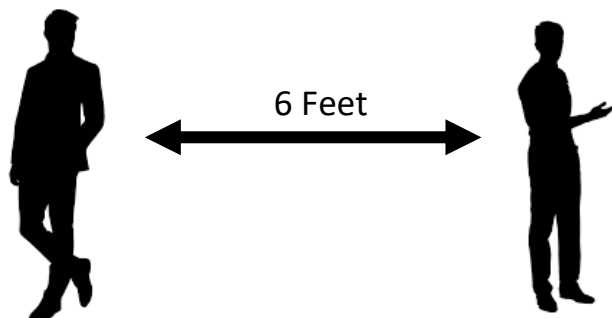

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Doctors know that germs can go from one person to another through tiny droplets in the air or when we touch each other. They also know that people can spread germs, even if they don't feel sick.

En.Wikipedia.com

They have already told us we can social distance or stay at least 6 feet away from other people to stay safe.
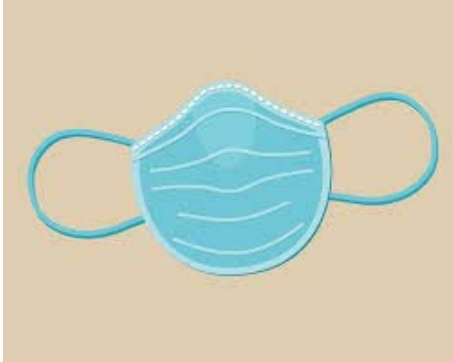

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In some communities, people have to wear a face mask.

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If I am out in the community and around other people, I will need to wear a face mask.

My mask will go over my nose and mouth and have a strap on each side that goes around my ears.

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Masks can feel weird and uncomfortable. I only have to wear my mask when I am going to be close to other people in the community, like at the store.

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Masks come in all styles and colors. Some
people wear the same masks as doctors.
Some people use scarves or bandanas to cover
their mouth and nose.

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No matter what type of mask people wear, it
means they are trying to keep themselves and
others safe.

If my mask is too uncomfortable, I can use a bandana or scarf to cover my mouth and nose.

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I am working really hard to keep everyone healthy!

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Great Job!