Anderson Center Consulting & Training
Position Statement on Applied Behavior Analysis

What is Applied Behavior Analysis (ABA)? It might be easier to discuss what ABA is not... ABA is not Discrete Trial Teaching; however, Discrete Trial Teaching is designed using the principles of ABA. ABA is not about making individuals stop doing things they enjoy or find comforting. ABA is about teaching socially significant behavior that will afford individuals increased opportunities for socialization, independence, and engagement in society.

The Behavior Analyst Certification Board offers this definition of Applied Behavior Analysis, “a science based on the use of learning principles to improve lives. The practice of ABA focuses on assessing the environmental influences on behavior, assessment-based intervention, and data-based decision making.”

Anderson Center Consulting & Training (ACCT) firmly believes in utilizing teaching and intervention strategies that have a recognized body of scientific evidence to support their use with autistic and other neurodiverse learners. Consultants understand and appreciate the value in engaging autistic/neurodiverse individuals and their families/support network, when developing, implementing, and evaluating teaching and intervention strategies.

While delivering consultation services, ACCT consultants will:
- Appreciate an individual's unique talents, preferences, strengths, desires and needs
- Offer suggestions and recommend interventions within the framework of ABA
- Collect and review data to help inform decision making
- Support socially significant behavior in collaboration with an individual, individuals, families, and others important to an individual

Ultimately, ACCT strives to optimize the quality of life of all individuals served, recognizing that improved quality of life is defined uniquely and distinctively by each person.

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