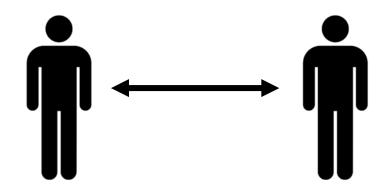
Social Distancing



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and

Keeping Everyone Healthy

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There are lots of ways to help keep myself and the people I love healthy from sicknesses like Coronavirus.



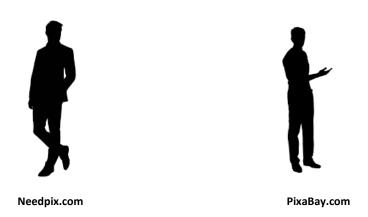
Minot Air Force Base

Germs can go from one person to another through tiny droplets in the air or when we touch each other.

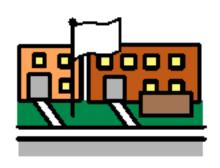


En.Wikipedia.com

Doctors tell us one way to stay healthy is Social Distancing.



Social Distancing means staying a safe distance from other people as much as possible. There are lots of ways to do this.



Boardmaker

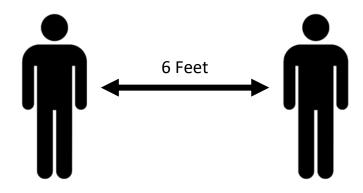
Schools are a place where lots of people come together. It is difficult to keep a distance from others, which is why schools have closed.

Canceling or waiting to have big events like parades, plays, movies and concerts is another way to keep people healthy.



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Doctors say I should stay about 6 feet away from other people when I go out of my house. I will also try not to touch other people.



Not touching other people means I will not give handshakes, hugs, or high-fives.





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To keep everyone safe, many people are staying home from work. Some people may not visit me for a while. If I miss someone who cannot visit, I can call that person and talk with them on the phone.



Pxhere.com

Social Distancing is important to help keep everyone safe. While I am spending a lot of time at home and not going to school and other activities, I can find fun things to do.





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I can make a list of fun things to do that are still safe for everyone! Maybe I can play games or go for a walk outside!

I will do my part to help keep the Coronavirus and other germs from spreading!



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