#### Visiting with My Family



# and Keeping Everyone Healthy

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## Since March the whole country has been working really hard to keep everyone safe from the Coronavirus, or COVID 19.



Minot Air Force Base

Doctors said the best way to keep everyone safe is by staying in our houses as much as possible.





### We did such a great job staying in our houses that it is safe enough to start visiting with our families!



I am very excited to see my family! It is important that we are still being safe when we visit.

The safest place to visit right now is outside. When my family comes, we will visit outside of my house.





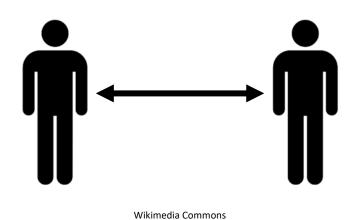
### We can sit at picnic tables or patio tables while we visit!



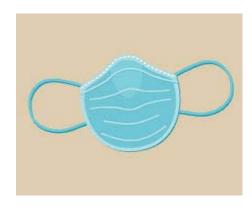


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It is also important that we still social distance, that means stay a few feet away from each other.



Wearing masks that cover our mouth and nose also help keep everyone safe.



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My family will be wearing masks while we visit. I can wear one too to keep my family extra safe.



**Medical Xpress** 

I can't leave my house with my family yet.

This means I will not be able to go in the car with my family or have them take me to places in the community.



Since I have to visit with my family outside, if it is raining or the weather is bad, my family will visit on a different day.



When the visit is over, I will say goodbye and go back into my house.







# I have to wait for doctors to tell us it is safe before I can go out in the car with my family, but seeing them here at my house will be a lot of fun!



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